

## CV

**Name and Surname:** Ülkü Mete Ural

**Date and Place of Birth:** 1976 / Trabzon

**Foreign Language Proficiency:** English (YDS: 72)

**Areas of Interest:** Urogynecology, Pelvic reconstructive surgery, Obstetrics

**Treatments:** Pelvic organ prolapse, Urinary incontinence, High-risk pregnancies

### Education and Experience:

1994-2000, Gazi University Faculty of Medicine, Master's Degree

2001-2006, Zekai Tahir Burak Women's Health Training and Research Hospital, Department of Obstetrics and Gynecology, Medical Specialization

2006-2008, Kızılcahamam State Hospital, Compulsory Service

2008-2009, Vakfikebir State Hospital, Compulsory Service

2010-2015, Recep Tayyip Erdoğan University Faculty of Medicine, Assistant Professor

2015-2017, Recep Tayyip Erdoğan University Faculty of Medicine, Associate Professor

2017-2020, Bolu Abant İzzet Baysal University Faculty of Medicine, Associate Professor

2021-2024, Bolu Abant İzzet Baysal University Faculty of Medicine, Professor

2024-2025, Ankara, Private practice

### Scientific Publications:

Publications in international peer-reviewed journals: 44

Publications in national peer-reviewed journals: 29

Presentations at international scientific meetings and included in conference proceedings: 92

Chapter author in national and international books: 5

Master's theses supervised: 5

### Professional Memberships:

Turkish Society of Obstetrics and Gynecology

### **Professional Awards, Honors, and Experience:**

1. Ülkü Mete Ural, Evaluation of the effectiveness of injectable platelet-rich fibrin (i-PRF) in the treatment of stress urinary incontinence. 10th National Urogynecology Congress, September 30 - October 2, 2022, Istanbul. (POSTER, THIRD PLACE AWARD)
2. Ülkü Mete Ural, Yeşim Bayoğlu Tekin, İbrahim Şehitoğlu, Yıldırım Kalkan, Medine Cumhur Cüre. Evaluation of the protective and therapeutic effects of Thymokine against ischemia and ischemia/reperfusion injury biochemically, histopathologically, and immunohistochemically. 12th Uludağ Gynecology and Obstetrics Winter Congress, March 5-8, 2015, Uludağ. (ORAL PRESENTATION, POSTER THIRD PLACE AWARD)

### **Professional Training, Courses, and Conferences Attended:**

1. One-month oncological surgery training at the Gynecological Oncology Clinic of Dr. Zekai Tahir Burak Women's Health Training and Research Hospital, June 1-30, 2012.
2. "Early pregnancy ultrasound" Course (The 11-14 week scan), October 6, 2004, Istanbul.
3. Laparoscopic Gynecology Course, February 23-24, 2012, Ankara.
4. Current Approaches and Surgical Applications in Urogynecology Course, Ankara University Faculty of Medicine, December 3-4, 2010, Ankara.
5. Colposcopy Course, Dr. Zekai Tahir Burak Women's Health Training and Research Hospital Gynecological Oncology Clinic, January 20-21, 2012, Ankara.
6. Ian Donald Advanced Ultrasound Course, 8th Obstetrics and Gynecology Ultrasound Congress, September 26-30, 2012, Fethiye.
7. Thrombophilia Course, Turkish Society of Medical Genetics, June 3-4, 2011, Ankara.
8. Robotic Surgery Course, IX. Turkish-German Gynecology Congress, May 4-8, 2011, Antalya.
9. Basic Ultrasonography Course, 7th Obstetrics and Gynecology Ultrasound Congress, October 27-31, 2010, Istanbul.
10. Animal Lab Course, 4th Minimally Invasive Gynecology Symposium and Workshop, January 12, 2012, Bursa.
11. Forensic Medicine Seminar, Karadeniz Technical University Faculty of Medicine, November 28, 2010, Trabzon.
12. Laboratory Animal Use Certification Course, Karadeniz Technical University Local Ethics Committee for Animal Experiments, February 28-March 11, 2012, Trabzon.
13. Laparoscopy Application Course, Ministry of Health General Directorate of Maternal and Child Health and Family Planning, Ankara.
14. Neonatal Resuscitation Course, Ministry of Health General Directorate of Maternal and Child Health and Family Planning, May 26-28, 2004, Ankara.

