

CURRICULUM VITAE AND LIST OF STUDIES

PERSONAL DETAILS

Full Name: Irmak SAYIN ALAN

Date of Birth: 02/08/1981

Place of Birth: Ankara

Academic Titles

Award Date of Associate Professor: 20/11/2017

Foreign Languages (Score and Year): English / Higher Education Institution Language Score: 93, 750. Year 2018

Certificates: Animal experiments certificate, Ankara, 27.01.2014 -07.02.2014

Field of Specialty:

Degree	Department/Program	University	Year
Bachelor's Degree.	Medicine / School of Medicine	Eskişehir Osmangazi University	2005
Doctorate	Medicine/ Department of Internal Medicine	Ufuk University	2010
Associate Professor	Medicine / Internal Medicine	Okan University	2017

Doctorate Dissertation/Qualification Study/Title of Medical Specialty Dissertation (abstract is attached) and Advisor(s):

Comparing the effects of three-agent treatment with insulin lispro/lispro protamine at dose of 25/75 and 50/50 mixtures on glycemic regulation (2010)

Supervisor of Dissertation Study: Prof. Ergun ERDOĞAN, M.D.

Positions:

Position Title	Place of Duty	Year
Internist	Nusaybin State Hospital, Obligation of Public Service	2010-2012
Internist	Department of Internal Medicine, School of Medicine, Ufuk University	2012-2014
Assist. Prof.	Department of Internal Medicine, School of Medicine, Ufuk University	2014-2016
Assist. Prof.	Department of Internal Medicine, School of Medicine, Okan University	2016-2018
Associate Professor	Department of Internal Medicine, School of Medicine, Okan University	2018-2019

Post-graduate thesis supervised: X

Doctorate thesis / Proficiency in Art studies supervised: X

Duties undertaken in projects: X

Administrative Duties: X

Scientific Organization Memberships:

✓ Turkish Association of Internal Medicine Specialty

Awards:

Under- and post-graduate courses lectured within last two years

Academic Year	Term	Name of Course	Total Hours		Number of students
			Theoretical	Administration	
2016-2017	Medicine / Term 3	Gastroenterology	4	-	28
		Rheumatology	6	-	28
		Hematology – Oncology:	13	-	28
		Nephrology	18	-	28
2017-2018	Medicine / Term 3	Gastroenterology	4	-	39
		Rheumatology	6	-	39
		Nephrology	18	-	39
	Medicine / Term 4	1st group Hematology / Rheumatology	10	10	14
		2nd group Hematology / Rheumatology	16	10	13
2018-2019	Medicine / Term 4	1st group General Internal Medicine/ Hematology / Rheumatology	10	8	16

LETTERS/ARTICLES/PUBLICATIONS

A1: Articles published in international peer-review journals: (SCI, SSCI, Arts and Humanities)

A1.1 Sayın Irmak, Erkan Aycan Fahri, Ekici Berkay, Kütük Utku, Çorakçı Ahmet, Töre Hasan Fehmi (2016). Thickening Of The Epicardial Adipose Tissue Can Be Alleviated By Thyroid Hormone Replacement Therapy İn Patients With Subclinical Hypothyroidism. Kardiologia Polska, Doi: 10.5603 /Kp.A2016.0053

A1.2 Oğuz Ali Kemal, Taşır Yılmaz Seda, Oygür Çağdaş Şahap, Çandar Tuba, Sayın Irmak, Serin Kılıçoğlu Sibel, Ergün İhsan, Ateş Aşkın, Özdağ Hilal, Akar Mehmet Nejat (2016). Behçet's: A Disease Or A Syndrome? Answer From An Expression Profiling Study. Plos One, 11 (2), 149052, Doi: 10.1371/Journal.Pone.0149052

A1.3 Taşdemir Vildan, Oğuz Ali Kemal, Sayın Irmak, Ergün İhsan (2015). Hyponatremia İn The Outpatient Setting: Clinical Characteristics, Risk Factors, And Outcome. International Urology And Nephrology, 47(12), 1977-1983., Doi: 10.1007/SI 1255-015-1134-6

A1.4 Canbaloğlu Erkan Gülbanu, Sayın Irmak, Polat Fatma Betül, Çorakçı Ahmet, Ataç Gökçe Kaan, Değertekin Halil Bingöl (2015). The relationship between insülin resistance, metabolic syndrome and nonalcoholic fatty liver disease in non-obese non-diabetic Turkish individuals: A pilot study. Turkish Journal of Gastroenterology, 25(1), 63-68., Doi: 10.5152/tjg. 2014.6233

A1.5Ekici Berkay, Erkan Aycan Fahri, Alhan Aslıhan, Sayın Irmak, Ayli Meltem, Tore Hasan ehmi (2013). Is mean platelet volume associated with the angiographic severity of coronary artery disease?. *Kardiologia Polska*, 71(8), 832-838., Doi: 10.5603/KP.2013.019

A2.Articles published in other international peer-review journals:

A2.1Ekici Berkay, Tanındı Aslı, Sayın Irmak (2015). The Effects Of Glomerular Filtration Rate On The Severity Of Coronary Heart Disease. *Archives of the Turkish Society of Cardiology*, 44(2), 123-129. Number of citations: 10.5543/Tkda.2015.48323

A2.2Sayın Irmak, Ayli Meltem, Oğuz Ali Kemal, Cengiz Seval Güldane (2016). Xanthelasma Palpebrarum: A New Side Effect OfNilotinib. *Bmj Case Reports*, Doi: 10.1136/Bcr-2015-213511

B. Abstracts-full texts presented and published in proceedings of international scientific meetings:

B1. Erkan Aycan Fahri, Cesur Mustafa, Ekici Berkay, Sayın Irmak, Azapoğlu Burcu, Ercan Akgül Ebru, Çehreli Sengül, Töre Hasan Fehmi, Yinanç Mehmet Ali, Erdoğan Gürbüz, Candan İsfendiyar The Effect Of Pioglitazone And Metformin On Carotid İntima Media Thickness İn Patients With İnsulin Resistance. 4th Clinical Vascular Biology Congress

B2.Ekici Berkay, Sayın Irmak, Erkan Aycan Fahri, Akgül Ebru, Ayli Meltem, Oğuz Ali Kemal, Alhan Aslıhan, Çehreli Sengül, Töre Hasan Fehmi The Relationship Between İncreased Mean Platelet Volume And Serum Uric Acid Levels.. The Fifth Annual Congress On Update İn Cardiology And Cardiovascular Surgery

B3.Sayın Irmak, Oğuz Ali Kemal, Kalay Şebnem, Akdoğan Leyla, Çorakçı Ahmet (2015). Thrice Daily İnjections With İnsulin Lispro Mix 75/25 Versus 50/50: Comparison With Respect To Glycemic Control. Idf 2015 / World Diabetes Congres

B4. Sayın Irmak, Çandar Tuba, Albayrak Murat, Coşardderelioğlu Çağlar, Demirtaş Selda, Okutan Harika, Ayli Meltem (2015). Increased İschemia Modified Albumin Levels İn Patients With Multiple Myeloma. 5th İntemational Congress On Leukemia Lymphoma Myeloma

B5.Sayın Irmak, Karaman Alper, Oğuz Ali Kemal, San Ayla (2009). Nephrotic Syndrome As The First Manifestatoin Of Familial Mediterranean Fever. Vıııth Congress OfEuropean Federation Of 5. 2 Internal Medicine.

B6.Sayın Irmak, Yılmaz Tunçer Hilal, Doğanay Şahin, Oğuz Ali Kemal, Değertekin Bülent (2009). An İmportant Manifestation Of İnflammatory Bowel Disease - Venous Thromboembolism: Report Of Two Cases. Vıııth Congress Of European Federation OfInternal Medicine

B7.Yılmaz Tunçer Hilal, Sayın Irmak, Oğuz Ali Kemal, Ayli Meltem, Değertekin Halil (2009). The Occurence Of Thrombotic Thrombocytopenic Purpura İn A Patient With Chronic Hepatitis B Virus İnfection During Treatment With Pegylated İnterferon-Alpha-2a. Vıııth Congress Of European Federation OfInternal Medicine

B8.Ayli Meltem, Sayın Irmak, Oğuz Ali Kemal, Yılmaz Tunçer Hilal (2009). Pulmonary Embolism As The First Sign Of Primary Peritoneal Lymphomatosis: Case Report.. 2nd İntemational Congress On Leukemia Lymphoma Myeloma.

B9.Aylı Meltem, Yılmaz Tunçer Hilal, Oğuz Ali Kemal, Sayın Irmak (2009). Malign Pleural Effusion With Multiple Myeloma. 2nd International Congress On Leukemia Lymphoma Myeloma.

B10.Aylı Meltem, Sayın Irmak, Yılmaz Tunçer Hilal, Oğuz Ali Kemal (2009). Primary Nonhodgkin Lymphoma Of Spine: Case Report. 2nd International Congress On Leukemia Lymphoma Myeloma

B11.Kılınç Serpil, Sayın Irmak, Oğuz Ali Kemal, Aylı Meltem (2006). Cocaine Induced Platelet Function Defects: Case Report. 1. Balkan Hematology Days

B12.Aylı Meltem, Kılınç Serpil, Oğuz Ali Kemal, Sayın Irmak (2006). 77 Years Old Patient With Myelodysplastic Syndrome, Myeloproliferative Disease Unclassifiable And Trisomy 8.. 1. Balkan Hematology Days

C. Books and book chapters written in native/foreign language:

C1. Books written in native and foreign languages:

C1.1. X

C2. Book chapters written in native and foreign languages:

C2.1.Pharmacokinetics And Adverse Effects Of Drugs - Mechanisms And Risks Factors, Title of Chapter:(Side Effects Of Glucocorticoids) (2018)., Sayın Alan Irmak, Alan Bahadır, Intech, Editor: Prof. Ntambwe Malangu, Issue:1, Print Isbn: 978-1-78923-138-0, English

C2.2. Menopause / Multidisciplinary Approach, Title of Chapter:(Menapoz Ve Diyabetes Mellitus) (2016)., Sayın Irmak, ModernTıp Bookstore, Editor:Dinçer Cengiz Sevim, Çağlar Gamze Sinem, Issue:1, Page(s) 243, Isbn:978-605-4477-11-1, Turkish

C2.3.Turkish Diabetes Yearbook 2015-2016, Title of Chapter:(Physiological Basis of Bariatric Surgery, Indications, Contraindications, The Place of Bariatric Surgery in Diabetes) (2016)., Sayın Irmak,Çorakçı Ahmet, Turkish Diabetes Foundation and Turkish Diabetes Society, Editor :Kaya Ahmet, İlkova Hasan, Turkish

C2.4.Diabetes Mellitus from the Past to the Future, Title of Chapter:(Diabetes in Ramadan) (2015)., Cesur Fazıl Mustafa, Sayın Irmak, Bayt Scientific Research Press, Publication and Promotion Ltd. Şti., Editor:Satman İlhan, Akalın Sema, Salman Serpil, Yılmaz Candeğer, Issue:1, Page(s) 639, Isbn:978-605-4011-24-7, Turkish

C2.5.Thyroid Disorders - Focus On Hyperthyroidism, Title of Chapter:(Complications Of Hyperthyroidism) (2014)., Sayın Irmak,Ertek Sibel,Cesur Fazıl Mustafa, Intech, Editor:Diaz Soto Gonzalo, Issue:1, Page(s) 269, Isbn:978-953-51-1384-3, English

C2.6.Type 1 Diabetes, Title of Chapter:(Diabetic Ketoacidosis) (2013)., Cesur Mustafa, Sayın Irmak, Intech, Editor:Escher Alan, Li Alice, Issue:I, Page(s) 613, Isbn:978-953-51-1017- 0, English

C2.7. Assisted Reproductive Techniques in All Aspects, Title of Chapter:(Endocrine Diseases Affecting Assisted Reproductive Techniques) (2009)., Sayın Irmak, Cesur Mustafa, Palme Publishing, Editor: Çiçek Nedim, Mollamahmutoğlu Leyla, Issue: I, Page(s) 452, Isbn:978-605-5829-17- 9, English

D. Articles published in local peer-review journals.

D1.Sayın Irmak, Oğuz Ali Kemal, Değertekin Halil (2008). Clinical Approach to the Evaluation of Functional Dyspepsia. Clinical Approach to the Evaluation of Functional Dyspepsia.

D2.Sayın Irmak, Cesur Mustafa (2008). Diabetic Ketoacidosis, Hyperglycemic Hyperosmolar State and Lactic Acidosis". Tur Cli Special Issue of Endocrinology, 1, 71-83:

D3.Sayın Irmak, Doğanay Şahin, Değertekin Halil (2009). Esophageal Ulcer Due to Doxycycline: Case Report. Tur. Cli. Journal of Gastroenterohepatology., 16(2), 80-83.

D4.Sayın Irmak,Ekici Berkay,Erkan Aycan Fahri (2015). Flight And Diabetes. Turkish Cardiology Seminars, 15(3), 172-179

D5.Sayın Irmak. Which Triple Premix Combination Should We Use? Turkish Cli. Journal of Internal Medicine, 2017;2(1): 11-8 (Doi: 10.5336/Intermed.2016-51232)

E. Abstracts-full texts presented in and published in proceedings of national scientific meetings

E1.Sayın Irmak (2016). Comparing the Effects of Basal Plus Insulin Treatment Regimen and Premix (Ready Mix 30/70) Treatment Regimen on Glycemic Regulation. 38th Turkish Congress of Endocrinology and Metabolic Diseases and 2nd National Lipid Symposium

E2.Aylı Meltem,Sayın Irmak,Umut Haldun,Akıncioğlu Egemen,Oğuz Ali Kemal,Kalay Şebnem,Coşardderelioğlu Çağlar (2015). Cd5+ T-Cell-Rich B-Cell Lymphoma Localized in the Stomach. 41. National Hematology Congress.

E3.Coşardderelioğlu Çağlar,Aylı Meltem,Ergün İhsan,Sayın Irmak,Kalay Şebnem,Akdoğan Leyla (2015). Development of Hemolytic Uremic Syndrome in a Patient with Crescentile Glomerulonephritis. 41. National Hematology Congress.

E4.Aylı Meltem,Kalay Şebnem,Sayın Irmak,Oğuz Ali Kemal,Coşardderelioğlu Çağlar (2015). A Case of Chronic Myelocytic Leukemia Secondary to Dasatinib-induced Chylothorax. 41. National Hematology Congress.

E5.Akdoğan Leyla,Coşardderelioğlu Çağlar,Kalay Şebnem,Sayın Irmak,Aylı Meltem (2015). A Case of Solitary Plasmacytoma That Progressed Very Quickly to Multiple Myeloma. 41. National Hematology Congress.

E6.Erkan Aycan Fahri, Ekici Berkay, Beriat Güçlü Kaan, Doğan Cem, Tombak Gamze, Sayın Irmak,Kocatürk Sinan, Çehreli Sengül, Töre Hasan Fehmi (2009). The Relationship between Gensini Score and Audiological Evaluation. 25th National Cardiology Congress

E7.Sayın Irmak, Oğuz Ali Kemal, Değertekin Halil (2009). A neuroendocrine Tumor that Mimics Focal Nodular Hyperplasia Radiologically: Case Report. 10th National Internal Medicine Congress

E8.Yılmaz Hilal Tunçer, Sayın Irmak, Oğuz Ali Kemal, San Ayla, Değertekin Halil (2009). Amiloid Case Presenting With Lymphadenopathy. 10th National Internal Medicine Congress

E24.Sayın Irmak, Demir Özgür, Cesur Mustafa, Emral Rıfat, Serpil Kılınç, Çorapçıoğlu Demet, Erdoğan Gürbüz (2007). Comparison of Palpation-guided TFNAB and Fine Needle Aspiration Biopsy with Ultrasound in the Evaluation of Large Thyroid Nodules. 6th Medical Surgery 4th Endocrinology Postgraduate Training Course

E25.Cesur Mustafa, Sayın Irmak, Bayram Fahri, Erdoğan Gürbüz (2007). Thyrotoxic Hypokalemic Periodic Paralysis in Turkish Society; Three New Case Reports and Analysis of Case Series. 6th Medical Surgery Endocrinology Postgraduate Training Course

E26.Sayın Irmak, Cesur Mustafa, Kılınç Serpil, Erdoğan Gürbüz (2007). Is Subclinical Cushing's Syndrome Really Subclinical? 30th Turkish Congress of Endocrinology and Metabolic Diseases.

E27.Kılınç Serpil, Sayın Irmak, Cesur Mustafa, Erdoğan Gürbüz (2007). Late-onset Radiation Thyroiditis: Case Report. 30th Turkish Congress of Endocrinology and Metabolic Diseases.

E28.Aylı Meltem, Oğuz Ali Kemal, Sayın Irmak (2007). Disseminated Ascites in the Abdomen Due to Imatinib Treatment. Turkish Society of Hematology 33rd National Congress

F. Art and Design Activities:

F1.X

G. Other Publications:

G1.Sayın I, Kadihasanoglu M. Evaluation Of Blood Platelet Count And Function In Patients With Erectile Dysfunction. Andrologia. 2017 May;49(4). Doi: 10.1111/And.12645. (Editorial Letter).

G2. Atlas of Internal Medicine, Title of Chapter: (Infectious Diseases / Oncology) (2013)., Tekeli Mehmet Emin, Tunçbilek Semra, Mr. Irmak, Acar İlkem, Berk Arif Önder, Oğuz Ali Kemal, Karaman Mehmet Alper, Palme Press, Editor: Braunwald Eugene, Issue:1, Isbn: 978-605-355-108-9, Turkish (Book Translation)